

Please note that only those classes submitted to the association are listed below. Many of our instructors are actively teaching but do not have classes posted. To find a complete list of instructors in your area, please visit the

[Find an Instructor page](#)

We encourage you, the potential student/client, to carefully choose the instructor most qualified and suited to your needs.

***Increase and decrease the TEXT size on this list by finding the + and - zoom buttons in the lower right hand corner of your screen.***

### Touch For Health Courses

Instructor	Website/Phone/Email	City	State	Course	CEU	Year	Month	Start Date	End Date	Time
<b>Arizona</b>										
				Not At This Time						
<b>Arkansas</b>										
				Not At This Time						
<b>California</b>										
				Not At This Time						
<b>Colorado</b>										
Teresa Jantz	<a href="https://www.teresajantz.com">https://www.teresajantz.com</a>	Online	CO	Touch for Health 1	15	2022	October	10/22/22	10/23/22	
Teresa Jantz	<a href="https://www.teresajantz.com">https://www.teresajantz.com</a>	Online	CO	Touch for Health 2	15	2022	October	10/29/22	10/30/22	
Teresa Jantz	<a href="https://www.teresajantz.com">https://www.teresajantz.com</a>	Online	CO	Touch for Health 3	15	2022	November	11/05/22	11/06/22	
Teresa Jantz	<a href="https://www.teresajantz.com">https://www.teresajantz.com</a>	Online	CO	Touch for Health 4	15	2022	November	11/12/22	11/13/22	
Teresa Jantz	<a href="https://www.teresajantz.com">https://www.teresajantz.com</a>	Online	CO	Touch for Health 1		2023	March	03/26/23	03/27/23	9:00am-5:00pm
Teresa Jantz	<a href="https://www.teresajantz.com">https://www.teresajantz.com</a>	Online	CO	Touch for Health 1		2023	April	04/19/23	04/20/23	9:00am-5:00pm
Teresa Jantz	<a href="https://www.teresajantz.com">https://www.teresajantz.com</a>	Online	CO	Touch for Health 2		2023	April	04/23/23	04/24/23	9:00am-5:00pm
<b>Connecticut</b>										
				Not At This Time						
<b>Florida</b>										
Yahaira Rodriguez	<a href="mailto:yahairars74@gmail.com">yahairars74@gmail.com</a>	Groveland	Online	TFH Synthesis (Levels 1-4 Intensive )	60	2022	September	09/10/22	09/17/22	S&S 10-5pm, M-F 5-10pm
Yahaira Rodriguez	<a href="mailto:yahairars74@gmail.com">yahairars74@gmail.com</a>	Clermont	FL	Touch for Health 1 - Spanish & English	16	2022	September	09/23/22	09/25/22	F 5-10pm, S&S 10am-4pm
Yahaira Rodriguez	<a href="mailto:yahairars74@gmail.com">yahairars74@gmail.com</a>	Clermont	FL	Touch for Health 2	16	2022	October	10/07/22	10/09/22	F 5-10pm, S&S 10am-4pm
Yahaira Rodriguez	<a href="mailto:yahairars74@gmail.com">yahairars74@gmail.com</a>	Clermont	FL	Touch for Health 3	16	2022	November	11/04/22	11/06/22	F 5-10pm, S&S 10am-4pm
Yahaira Rodriguez	<a href="mailto:yahairars74@gmail.com">yahairars74@gmail.com</a>	Clermont	FL	Touch for Health 4	15	2022	November	11/18/22	11/20/22	F 5-10pm, S&S 10am-4pm
<b>Georgia</b>										
				Not At This Time						
<b>Hawaii</b>										
Swami Om	<a href="http://www.swamishealingarts.com">www.swamishealingarts.com</a>	Kealahkekua	HI	Touch for Health 3	15	2023	April	04/03/23	04/04/23	
Swami Om	<a href="http://www.swamishealingarts.com">www.swamishealingarts.com</a>	Kealahkekua	HI	Touch for Health 4	15	2023	April	04/05/23	04/06/23	
<b>Idaho</b>										
				Not At This Time						
<b>Illinois</b>										
Ciera Flinders	<a href="mailto:liberate.urself1106@gmail.com">liberate.urself1106@gmail.com</a>	Waterloo	IL	Touch for Health 2	16	2022	September	09/17/22	09/18/22	8:00am-5:00pm
Ciera Flinders	<a href="mailto:liberate.urself1106@gmail.com">liberate.urself1106@gmail.com</a>	Waterloo	IL	Touch for Health 3	16	2022	December	12/07/22	12/08/22	8:00am-6:00pm
Ciera Flinders	<a href="mailto:liberate.urself1106@gmail.com">liberate.urself1106@gmail.com</a>	Waterloo	IL	Touch for Health 4	16	2022	December	12/09/22	12/10/22	8:00am-6:00pm
<b>Indiana</b>										
				Not At This Time						
<b>Kansas</b>										
Deborah L Jenkins	<a href="http://www.debstopforhealth.com">www.debstopforhealth.com</a>	Overland Park	KS	Touch for Health 1	15	2022	October	10/04/22	10/06/22	12:00pm-5:00pm
Deborah L Jenkins	<a href="http://www.debstopforhealth.com">www.debstopforhealth.com</a>	Zoom w/ M Thie	KS	Metaphors and Advanced Goal Setting	15	2022	October	10/13/22	10/15/22	12:00pm-5:00pm
Deborah L Jenkins	<a href="http://www.debstopforhealth.com">www.debstopforhealth.com</a>	Zoom	KS	Touch for Health 1	15	2022	October	10/24/22	10/26/22	12:00pm-5:00pm
Deborah L Jenkins	<a href="http://www.debstopforhealth.com">www.debstopforhealth.com</a>	Zoom	KS	Touch for Health 2	15	2022	October	10/27/22	10/29/22	12:00pm-5:00pm
<b>Massachusetts</b>										
				Not At This Time						
<b>Michigan</b>										
Payge Hodapp	<a href="mailto:paygeh@yahoo.com">paygeh@yahoo.com</a>	Saline	MI	Touch for Health 3	15	2022	October	10/28/22	10/29/22	9:00am-5:30 pm
<b>Minnesota</b>										
				Not At This Time						

Missouri										
Deborah L Jenkins	<a href="http://www.debstouchforhealth.com">www.debstouchforhealth.com</a>	Kansas City Airport	MO	Touch for Health 1	15	2022	October	10/04/22	10/06/22	See website for details
Nebraska										
				Not At This Time						
New Hampshire										
				Not At This Time						
New Jersey										
				Not At This Time						
New York										
John Perestam	<a href="mailto:bodylabwellness@gmail.com">bodylabwellness@gmail.com</a>	Endcott	NY	Touch for Health 4	14	2022	September	09/13/22	09/14/22	
John Perestam	<a href="mailto:bodylabwellness@gmail.com">bodylabwellness@gmail.com</a>	Endcott	NY	Touch for Health 1	14	2022	October	10/08/22	10/09/22	
Roze Kintner	<a href="mailto:rozekintner.pko@gmail.com">rozekintner.pko@gmail.com</a>	Endicott	NY	TFH Synthesis (Levels 1-4 Intensive )	30	2022	September	09/22/22	09/30/22	9:00am-5:00pm
Tawni Lawrence	<a href="mailto:tawni@enerkin.com">tawni@enerkin.com</a>	Manhattan	NY	Touch for Health 1	16	2022	November	11/14/22	11/15/22	8:00am-6:00pm
Tawni Lawrence	<a href="mailto:tawni@enerkin.com">tawni@enerkin.com</a>	Manhattan	NY	Touch for Health 2	16	2022	November	11/16/22	11/17/22	8:00am-6:00pm
North Carolina										
Arlene Green	<a href="mailto:greentfh@mindspring.com">greentfh@mindspring.com</a>	Online	NC	Touch for Health 2	15	2022	Sept/Oct	09/25/22	10/16/22	
Arlene Green	<a href="mailto:greentfh@mindspring.com">greentfh@mindspring.com</a>	Online	NC	Touch for Health 3	15	2022	October	10/21/22	10/23/22	
Arlene Green	<a href="mailto:greentfh@mindspring.com">greentfh@mindspring.com</a>	Online	NC	Touch for Health 4	15	2022	October	10/28/22	10/30/22	
North Dakota										
				Not At This Time						
Ohio										
Bonnie Hershey	<a href="mailto:bonnie@kinesiologyconnection.com">bonnie@kinesiologyconnection.com</a>	Mayfield Hts	Online	Touch for Health 1	15	2022	Sept/Oct	09/17/22	10/08/22	11:00am-4:30pm
Bonnie Hershey	<a href="mailto:bonnie@kinesiologyconnection.com">bonnie@kinesiologyconnection.com</a>	Mayfield Hts	Online	Touch for Health 2	15	2022	Nov/Dec	11/12/22	12/03/22	11:00am-4:30pm
Oregon										
Sara McRae	<a href="http://zenbrio.school">zenbrio.school</a>	Eugene	OR	Touch for Health 1	16	2022	September	09/15/22	09/16/22	8:00am-5:30pm
Sara McRae	<a href="http://zenbrio.school">zenbrio.school</a>	Eugene	OR	TFH Synthesis (Levels 1-4 Intensive )	64	2022	September	09/15/22	09/23/22	8:00am-5:00pm
Sara McRae	<a href="http://zenbrio.school">zenbrio.school</a>	Eugene	OR	Metaphors & Advanced Goal Setting	16	2022	September	09/25/22	09/26/22	See website
Puerto Rico										
				Not At This Time						
South Carolina										
				Not At This Time						
Texas										
				Not at this time						
Utah										
Tawni Lawrence	<a href="mailto:tawni@enerkin.com">tawni@enerkin.com</a>	Salt Lake City	UT	Touch for Health 1	16	2022	October	10/05/22	10/06/22	8:00am-6:00pm
Tawni Lawrence	<a href="mailto:tawni@enerkin.com">tawni@enerkin.com</a>	Salt Lake City	UT	Touch for Health 2	16	2022	October	10/07/22	10/08/22	8:00am-6:00pm
Virginia										
				Not At This Time						
Washington										
				Not At This Time						
Wisconsin										
				Not At This Time						
International										
				Not At This Time						
Touch For Health Synthesis (Levels 1-4 Intensive)										
Sara McRae	<a href="http://zenbrio.school">zenbrio.school</a>	Eugene	OR	TFH Synthesis (Levels 1-4 Intensive )	64	2022	September	09/15/22	09/23/22	8:00am-5:00pm
Roze Kintner	<a href="mailto:rozekintner.pko@gmail.com">rozekintner.pko@gmail.com</a>	Endicott	NY	TFH Synthesis (Levels 1-4 Intensive )	30	2022	September	09/22/22	09/30/22	9:00am-5:00pm
Proficiency/Instructor Update by US IKC Faculty										
Arlene Green	<a href="mailto:greentfh@mindspring.com">greentfh@mindspring.com</a>	Online	NC	Proficiency	15	2022	November	11/08/22	11/20/22	Starts Friday 5pm ET
Complimentary Classes										
Webinars and Video-on-Demand										
Earl Cook	<a href="https://www.etoouchforhealth.com">https://www.etoouchforhealth.com</a>	Online		eTouch for Health Level 1 Video-on-Demand	4	2022	All year	Every day	7 days a wk	24 hours per day
Earl Cook	<a href="https://www.etoouchforhealth.com">https://www.etoouchforhealth.com</a>	Online		eTouch for Health Level 2 Video-on-Demand	4	2022	All year	Every day	7 days a wk	24 hours per day

Earl Cook	<a href="https://www.etoachforhealth.com">https://www.etoachforhealth.com</a>	Online		eTouch for Health Level 3 Video-on-Demand	4	2022	All year	Every day	7 days a wk	24 hours per day
Earl Cook	<a href="https://www.etoachforhealth.com">https://www.etoachforhealth.com</a>	Online		eTouch for Health Level 4 Video-on-Demand	4	2022	All year	Every day	7 days a wk	24 hours per day
Earl Cook	<a href="https://www.etoachforhealth.com">https://www.etoachforhealth.com</a>	Online		eTouch for Health Level 1-4 w/Instructor Review	16	2022	All year	Every day	7 days a wk	24 hours per day
<b>Instructor Updating*</b>										
				Not At This Time						
<b>Instructor Updating Options**</b>										
Earl Cook	<a href="https://www.etoachforhealth.com">https://www.etoachforhealth.com</a>	Online		eTouch for Health Level 1-4 w/Instructor Review	16	2022	All year	Every day	7 days a week	24 hours per day

**Instructor Updating\***

Instructors are required to take their first update from one of the IKC Faculty while still active and within three years of their initial Instructor Training

**Instructor Updating Options\*\***

Instructors may take approved classes as an update option if the following requirements are met:

1. Instructor has taken their first update from a member of the IKC faculty
2. They still have an active instructor but need updating
3. They have taught a minimum of 15 students in the past three years.