

**THURSDAY, 4/23**

<b>Beginning time</b>	<b>Ending Time</b>	<b>Program Schedule</b>
11:00 a.m.	11:15 a.m.	Welcome <b>by: Wanda Pacheco Bou</b>
11:15 a.m.	12:15 p.m.	<b>Self-Touch for Health 1 - Life Movements</b> A Touch for Health-based Self-Assessment Method Using the Postural Oscillatory Test and Self-Balancing with Touch for Health Reflexes and Key Words <b>by: Maurizio Piva</b>
12:15 p.m.	12:25 p.m.	Break - 10 minutes
12:25 p.m.	1:55 p.m.	<b>13 Metaphors of the TFH Neurovascular Points and Related Acupoints</b> Reconnecting and Expanding the Qualities and Meanings of This Globally Fundamental Balancing Reflex and Going Deeper, Body, Mind, and Spirit <b>by: Matthew Thie</b>
1:55 p.m.	2:15 p.m.	Break - 20 minutes
2:15 p.m.	2:45 p.m.	<b>IASK – Global Connection as a Living Lineage</b> Honouring Roots, Connecting Forward <b>by: Sabine Rosén &amp; Emma Acquarone</b>
2:45 p.m.	2:55 p.m.	Break - 10 minutes
2:55 p.m.	3:55 p.m.	<b>Where do the Answers in Muscle Testing Come From?</b> A Multidimensional Approach <b>by: Debra Greene</b>
3:55 p.m.	4:10 p.m.	Break - 15 minutes
4:10 p.m.	5:10 p.m.	<b>The First Conversation the Body has Before the Muscle Test</b> Self-Noticing as the Foundation of Touch for Health Accuracy <b>by: Deborah Jenkins</b>
5:10 p.m.	5:20 p.m.	Break - 10 minutes
5:20 p.m.	6:20 p.m.	<b>All In Your Element</b> I Am My Own Answer <b>by: Token Plaskett</b>
6:20 p.m.	6:30 p.m.	Break - 10 minutes
6:30 p.m.	7:30 p.m.	<b>Contemporary Debates in Touch for Health Kinesiology Around the World: IKC Perspectives</b> <b>by: Henry Remanlay, Regina Biere, Sylvia Marina, Colleen Ryan, Thomas Holvoet, Pablo López Martínez</b>
7:30 p.m.	7:40 p.m.	Day's end

## FRIDAY, 4/24

Beginning time	Ending Time	Program Schedule
11:00 a.m.	11:15 a.m.	Welcome <b>by: Board</b>
11:15 a.m.	12:45 p.m.	<b>Connecting Values to Practice - Living the Work Across Body, Mind &amp; Spirit</b> Aligning Who You Are with How You Practice <b>by: Sabine Rosén &amp; Emma Acquarone</b>
12:45 p.m.	12:55 p.m.	Break - 10 minutes
12:55 p.m.	1:55 p.m.	<b>Post-traumatic Stress Disorder Neurological Circuits Regulating Complex Mental States Associated with PTSD (Adapted to TFH Practitioners)</b> How to Use Simple Kinesiology Techniques to Work With PTSD <b>by: Daria Kovalchuk</b>
1:55 p.m.	2:15 p.m.	Break - 20 minutes
2:15 p.m.	3:15 p.m.	<b>Alignment First: A Shared Balance for the Future of TFH</b> Begin Where Energy Begins - With You <b>by: Sara McRae</b>
3:15 p.m.	3:25 p.m.	Break - 10 minutes
3:25 p.m.	4:25 p.m.	<b>Balancing Biochemical and Metabolic Pathways</b> How to Balance Them Without Any Knowledge of Biochemistry <b>by: Larry Green</b>
4:25 p.m.	4:40 p.m.	Break - 15 minutes
4:40 p.m.	5:40 p.m.	<b>The Morse Method for Global Inner Safety: Integrating Body, Heart, and Brain Through Touch for Health</b> A Trauma-Aware, Cross-Cultural Approach to Whole-Person Balancing <b>by: Elizabeth Morse</b>
5:40 p.m.	5:50 p.m.	Break - 10 minutes
5:50 p.m.	6:50 p.m.	<b>Healing Our Parts</b> How to Include the Parts of Us That Are Resistant to Healing <b>by: Steve Hansen</b>
6:50 p.m.	7:00 p.m.	Break -10 minutes
7:00 p.m.	8:30 p.m.	<b>The Energy of Connection: How the Brain and Body Glands Unite Body, Mind &amp; Spirit</b> Exploring the Neuro-Endocrine Pathways of Balance and Healing through Kinesiology <b>by: Jacque Mooney</b>
8:30 p.m.	8:30 p.m.	Day's End

**SATURDAY, 4/25**

<b>Beginning time</b>	<b>Ending Time</b>	<b>Program Schedule</b>
<b>11:00 a.m.</b>	<b>11:15 a.m.</b>	Welcome by: Board
<b>11:15 a.m.</b>	<b>12:15 p.m.</b>	<b>Coming From the Heart</b> An Integrative Framework for Our Work <b>by: Darcy Lewis</b>
<b>12:15 p.m.</b>	<b>12:25 p.m.</b>	Break - 10 minutes
<b>12:25 p.m.</b>	<b>12:55 p.m.</b>	<b>Harnessing the Five Elements</b> Simple Tools for a Balanced Life <b>by: Kelly Richardson</b>
<b>12:55 p.m.</b>	<b>1:05 p.m.</b>	Break - 10 minutes
<b>1:05 p.m.</b>	<b>2:35 p.m.</b>	<b>Embodying Awareness: Awakening Our Understanding of the Signals the Body Creates for Balance and Harmony</b> Beyond Postural Awareness and Gait <b>by: Michelle Greenwell</b>
<b>2:35 p.m.</b>	<b>2:55 p.m.</b>	Break – 20 minutes
<b>2:55 p.m.</b>	<b>3:55 p.m.</b>	<b>Embodied Energy</b> Merging Muscle Testing with Somatic Awareness and Movement <b>by: Alexis Costello</b>
<b>3:55 p.m.</b>	<b>4:05 p.m.</b>	Break - 10 minutes
<b>4:05 p.m.</b>	<b>5:05 p.m.</b>	<b>Integrating Touch for Health into Massage and Bodywork Sessions</b> Small Corrections, Big Shifts <b>by: Courtland Smith</b>
<b>5:05 p.m.</b>	<b>5:15 p.m.</b>	Break - 10 minutes
<b>5:15 p.m.</b>	<b>6:15 p.m.</b>	<b>Beyond the Sound Balance: Exploring the Deeper Resonance of Healing in Touch for Health</b> Deepening Energy Awareness Through Tone, Meridians, and the Biofield <b>by: Colin MacLeod</b>
<b>6:15 p.m.</b>	<b>6:25 p.m.</b>	Break - 10 minutes
<b>6:25 p.m.</b>	<b>7:25 p.m.</b>	<b>Touch for Health in Motion: Dance for Wellness</b> Music, Movement, and Fun Energy Balancing for the Everyday Body <b>by: Junia Chou</b>
<b>7:25 p.m.</b>	<b>7:35 p.m.</b>	Day's End